BENEFICIARIES

Women Alike Breast Cancer Survivors Society helps women living with breast cancer understand that they can lead full and active lives. They are working to improve the quality of life for breast cancer "thrivers" and raise public awareness about breast cancer and support research for a cure.

Nova Scotia Special Olympics uses sport to assist those with an intellectual disability to become all that they can be - physically, mentally, socially and emotionally. To become accepted, respected and productive members of society. Their mission is to ensure that a full continuum of sport opportunities is available to those with an intellectual disability.

Pictou County Prostate Cancer Support Association has been active for over ten years. The objectives of their Society are: to improve the physical and psychological well-being of men who have or have had re-occurring prostate cancer; to offer support to men and their families; to support prostate cancer research and to promote prostate cancer awareness throughout the Pictou County area.

Raise Pledges! Support our Beneficiaries!

HOW TO MAKE UP A TEAM

Race on the River is a participation level event for teams wanting to participate for the fun and excitement of Dragon Boating.

All teams must include at least <u>6 female</u> paddlers.

All Dragon Boat teams will consist of <u>16 Paddlers and 1 Drummer</u>. (the number has been limited due to safety reasons). Teams may include up to 4 alternates in case someone can't make it. A qualified coxswain is provided by the event. *Minimum age for participation is* **16** *years of age (with parental consent)*. <u>Only</u> Breast Cancer Dragon Boat teams will be allowed to consist of 20 Paddlers and 1 Drummer. Each team must have a designated Team Captain and a Pledge Captain. You may also want to designate a Co-Captain to assist the Team Captain.

For more information contact: **Anne Baxter** at: (902) 754-9817 <u>raceontheriver2019@gmail.com</u>



18th ANNUAL DRAGON BOAT FESTIVAL

Friday July 26, 2019 Opening Ceremonies

Saturday July 27, 2019 Race Day

REGISTRATION INFORMATION AND FORM



Presented by:

Sobey/

INFORMATION

THE EVENT

Race on the River 2019 will be a two and-a half-day festival as this year Women Alike celebrate their 20th Anniversary (additional day added). Our <u>18th Annual</u> <u>Dragon Boat Festival</u> opens Friday night with celebration and entertainment. Races begin Saturday morning. Throughout the day races and off-water activities will entertain spectators and participants along the Riverfront. Sunday will be a day hosted by Women Alike.

Race on the River will once again be held on the East River, just one block from New Glasgow's Downtown shopping area.

HOW TO REGISTER

Registration fee: \$650.00 <u>Registration Deadline: June 7th, 2019</u> Early Bird Registration Fee: \$500 <u>Early Bird Registration Deadline: May 17th, 2019</u> Please Note: All entry fees are non refundable and to be paid by cheque or bank draft only. No Cash Accepted. To qualify for early bird; must be registered and paid in full by May 17th/19

Fee includes one practice session and a minimum of two races. Registration is on a **first paid, first in** basis. <u>Registration fees go toward operating costs</u>. <u>Each</u> <u>participant is asked to raise at least \$50 in pledges</u> <u>to support our Festival beneficiaries</u>.

Please make cheques payable to: New Glasgow Dragon Boat Society

Please mail cheque and registration form to: Attention: Anne Baxter 7 Campbell's Lane, New Glasgow, NS B2H 2H9

TEAM REGISTRATION FORM

Team Name:
Organization:
Team Captain:
Email:
Mailing address:
Phone:
Pledge Captain:
Email:
Mailing address:
Phone:
Online pledging for your team: Please indicate here if you want your team <u>set up for</u> <u>online pledging</u> . Yes or No
Yes or No If <mark>yes</mark> :
Person's name:
Email account to use: